

# WEEK ONE



The Palace  
Day Nursery

# Autumn 2025

|           | BREAKFAST | MORNING<br>SNACK                | LUNCH AND<br>DESSERT                                    | AFTERNOON<br>SNACK                 | TEA                |
|-----------|-----------|---------------------------------|---------------------------------------------------------|------------------------------------|--------------------|
| MONDAY    | Cereal    | Malted Milk<br>biscuits<br>milk | Sausage country pie<br>Fruit Yoghurt                    | Fruit                              | Beans on Toast     |
| TUESDAY   | Toast     | Fruit                           | Spaghetti Bolognaise<br>Sponge and custard              | Cream cheese and water<br>biscuits | Wrap station       |
| WEDNESDAY | Cereal    | Prawn crackers and<br>dip       | Chinese chicken curry and rice<br>Flapjack              | Fruit selection                    | Filled rolls       |
| THURSDAY  | Toast     | Fruit                           | Fish, chips and peas and corn<br>Tiramisu               | Rice Cakes and crudites            | Ham & cheese salad |
| FRIDAY    | Cereal    | Dip and bread sticks            | Big Jacket Day, cheese, coleslaw and beans<br>Ice cream | Fruit                              | Tuna pasta salad   |

Where allergens are present, it is displayed next to the appropriate meal Allergen coding: **GLUTEN – G**, **EGG – E**, **FISH – F**, **NUTS – N**, **PEANUTS – PN**, **SOYA – SY**, **DAIRY – DA**, **CELERY – CE**, **MUSTARD-MU**, **SESAME – SE**, **SULPHITES – SU**, **LUPIN – LU**, **SHELLFISH – SF** (Crustaceans and Molluscs) (V)-  
VEGETARIAN DAY

All food is subject to availability and may be subject to change. An alternative will be provided to meet the children's allergy and dietary requirements.

Allergen foods are shown in brackets.

We serve Halal meat on request

Please note that a Vegetarian option is available everyday where needed.